

ORT, Recovery and Me (Aberdeen) A Proposal

Introduction

The Scottish Government published a review of Opiate Replacement Therapy (ORT) in 2013 in which the use of ORT was confirmed as part of Scotland's Road to Recovery strategy. Following this, the Scottish Recovery Consortium (SRC) made a commitment to build recovery within ORT programmes in Scotland.

In February 2014 the SRC hosted 'ORT Recovery and Me', a pilot event in the West of Scotland that was aimed at clinicians and practitioners directly involved in ORT programme delivery in the West of Scotland. The event brought these key frontline treatment professionals together with people in recovery post ORT to share learning and perspectives.

Over 100 people attended the event, 70% were key frontline treatment professionals and 30% people in recovery post ORT. Over 90% of attendees agreed that this event contributed to their learning and 97% agreed that it would help them to build recovery in ORT programmes.

The SRC would like to host 'ORT, Recovery and Me' events in the East of Scotland and the North East of Scotland in partnership with willing ADP's and local recovery communities as part of our 2014/15 workplan.

Our Proposal

We propose a partnership between Aberdeen ADP, the SRC and AiR to create an 'ORT, Recovery and Me' event in the Aberdeen area.

The event would be co-created by a local working group comprised of event partners and chaired by the SRC team. The working group would create a locally relevant agenda that draws on key local issues and resources, host the event and draw lessons for next steps on its conclusion.

Proposed Partner's contributions:

- ADP – Suggest treatment professionals for the event working group and fund the both venue and catering costs for the event.
- SRC – Chair the event working group, manage event administration, publicity and registrations.
- Recovery Communities - Form part of the working group, suggest and recruit individuals in recovery post ORT to contribute to event at tables or seeds. Team Consortium, trained SRC volunteers, will carry out event management and hosting duties on the day.

- ORT, Recovery and Me (Aberdeen) working group - Design the event, recruit and brief contributors, promote event among colleagues and networks. The working group will also receive event feedback and agree draft event report.

There is strong interest in having such an event among the rising recovery communities in the North East – recovery colleges in both Aberdeen and Dundee showed a keen interest to develop this area of recovery in their local areas and are committed to helping bring that about. Treatment providers in both areas are also interested to explore what we can collectively create to build this aspect of recovery more.

An 'ORT, Recovery and Me' event could be a very significant joint action follow up to the very successful recovery college held recently in Aberdeen. It would also give the local treatment system an opportunity to focus additional attention to the area of ORT recovery.

Potential Outcomes of an 'ORT, Recovery and Me' event hosted in Aberdeen:

- Raise the profile and practice levels of recovery within ORT programmes;
- Connect staff in the programme delivery side with lived experience of ORT recovery;
- The co-creation of practice tools that support recovery in ORT programmes;
- Treatment staff more able to support recovery within ORT programmes;
- 'ORT, Recovery and Me' support groups in the city as an addition to community recovery opportunities.

Next steps

Form a small event-working group from among those partners with an active interest in seeing such an event come about.

Kuladharini
Scottish Recovery Consortium
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